



GUIDELINE FOR SHOE SELECTION AND LACE CLIP INSTALLATION

This guideline will help you to maximize brace behaviour, lift effect and to ease lace clip installation.

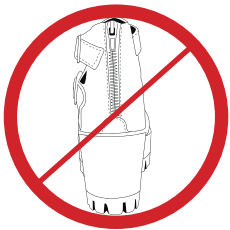
The FS-3000 can be fitted on a large variety of shoes including working boots, winter boots, trekking shoes, running shoes, dress shoes, etc.. and even some sandals

Refer to videos on the website for more informations on shoe selection and lace clip installation.

SHOES TO AVOID

Minimalist shoes, very thin light fabric with low profile soles is not recommended.

Avoid using shoes with no tapered shape edges or flat vertical edge sole (see pictures)



RECOMMENDED SHOES

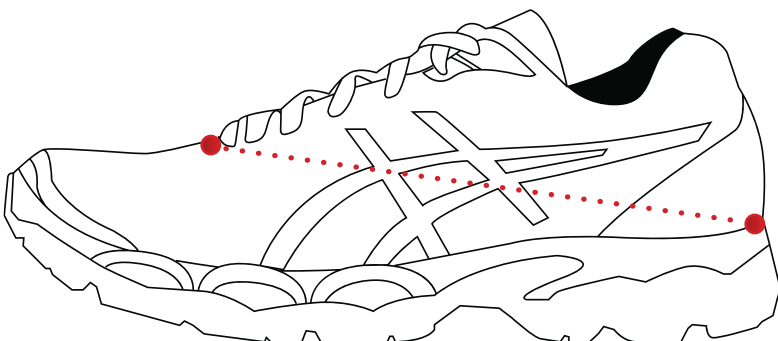
The right shoes with the right tapered shape ridges sole will give maximum leverage support to the orthotic.



PLACEMENT OF THE LACE CLIP

There is a relation between the shoe size and the placement of the lace clip. If the distance between lace clip placement and the rear of the sole is too short, **lift point location of the brace will not be optimal and will create an extra gap between heel support and rear extremity of the sole.**

This picture and graphic give you an idea of how many millimeters you should have between fixation eyelet and extremity of the shoe sole.



SIZE UK-M	SIZE EU-M	SIZE CM	DISTANCE IDEAL (mm)	DISTANCE MINIMUM (mm)
15		34	251	241
14.5		33.5	247	237
14		33.0	244	233
13.5		32.5	240	230
13		32.0	236	226
12.5		31.5	232	222
12		31.0	229	219
11.5		30.5	225	215
11	46	30.0	221	212
10.5	45	29.5	217	208
10	44	29.0	214	206
9.5		28.5	210	203
9	43	28.0	206	199
8.5		27.5	202	195
8	42	27.0	199	192
7.5	41	26.5	195	188
7		26.0	191	185
6.5	40	25.5	187	181
6	39	25.0	184	177
5.5		24.5	180	174
5	38	24.0	176	170
4.5		23.5	172	166
4	37	23.0	169	163
3.5	36	22.5	165	159
3		22.0	161	156